

Protocol Oral

The Mouth, Teeth CLO2 & Baking Soda Antiseptic Solution

(Created by Scott McRae, with the help of Charlotte Lackney and friends)

What is Protocol Oral? Protocol Oral is simply the combination of equal parts of a 100 ppm chlorine dioxide (CLO2) water based solution with a sodium bicarbonate (baking soda) water based solution, to be used twice a day (or as desired) as a mouth, teeth and throat gargle CLO2 antiseptic solution.

Why Protocol Oral? The acidity of CLO2 solutions, including CDS, which can have a pH of 4.0, **can cause teeth enamel erosion**, especially if used to brush teeth daily for months or years. Protocol Oral solves the acidity problem by combining a CLO2 solution with a premade baking soda solution that acts to raise the pH of the CLO2 solution to approximately 7.6 (slightly alkaline), while at the same time creating a CLO2 concentration of approximately 35 ppm which is both safe & effective for proper mouth hygiene.

How to Pre-Make Both of the Protocol Oral Solutions:

- **How to make the Baking Soda water solution:** Take any sized bottle of pure water and add 1/16 teaspoon (0.3ml or 0.25g) of baking soda for every 100ml of water in the bottle. Shake well to dissolve the baking soda completely until the solution is clear.
- **How to make the 100 ppm CLO2 water solution:** Take any size of amber colored glass bottle of pure water & simply add 2.50ml of CDH4000 (4000 ppm) or 3.50ml of CDS (3000 ppm) CLO2 concentration for every 100ml of water in the bottle.

If using MMS drops (22.4% Sodium Chlorite Solution), combine 0.5ml of MMS (SCS) with 0.5ml of 4% HCl in a very small plastic or glass container, ideally about the size of a thimble (clean plastic caps of very small bottles work well), wait 5 minutes & then add the MMS1 solution to **500ml of water** for the CLO2 solution.

How to Use and Combine Protocol Oral Solutions Just Before Use Each Time:

I first take a small clear glass or bottle* and mark it at 25ml & 50ml (I cover the marks with clear tape to keep them from rubbing off). Then to combine the solutions just before use, I just add 25ml of each solution to the glass/bottle, which results in 50ml of a 35 ppm CLO2 + Baking Soda **Oral Solution**. I then sip about 25ml

of the solution into my mouth & first gargle with it for a few seconds, swish with it for a few seconds, & then I brush with it while leaning over the sink.

To keep it from flowing out of my mouth, I make as tight of a seal as I can with my lips & at the same time I suck air in through them. I then rinse my tooth brush & use a few drops of the solution to sanitize it. Lastly, I use the remaining solution to do one more quick gargle & mouth rinse.

***Important note:** Sucking in to keep the solution from flowing out of my mouth also aerosolizes it somewhat & allows a very small amount of CLO₂ to be carried into my airways & lungs for an additional viral & bacterial antiseptic treatment **twice a day**, similar to what I get when I nebulize a 50 ppm CLO₂ solution to protect against respiratory viruses. *In other words, I believe the daily use of **Protocol Oral** (twice a day as described) will also act as a **prophylaxis** against **ALL** respiratory infections by destroying viruses & bacteria **BEFORE** they become a problem.*

Lastly, I like to make 500ml of both the CLO₂ and Baking Soda solutions and keep them at the sink without any refrigeration since the low 100 ppm CLO₂ concentration doesn't tend to decrease too fast and at 500ml, I'll be making a new batch every 10 days anyway.

I've done this for about a year now (with some adjustments) and really like it. Before using this method, I brushed my teeth twice a day for around 6 years with about 50 ppm CLO₂ alone, however, I feel this approach is much better due to the raising of the pH to a non-acidic level using baking soda, which has also been used to brush teeth for decades due to its own beneficial qualities.

For more of my CLO₂ Solutions please visit: <https://www.bitchute.com/channel/L4V54qH4qv6f/> or search for my channel name "CLO₂ Solutions" on most other video platforms. Also my Substack CLO₂ Solutions journal address is: <https://scottmcræe.substack.com> and my telegram group <https://t.me/+dAnmAtAaQIE4YWQ1>

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Protocol Oral - The Throat, Mouth & Teeth CLO₂ Antiseptic Solution ver 6.0 (edited 10June'22 and 16March'26)

* Keep the clear glass or bottle away from windows where UV light could contact the clear glass / bottle and damage the CLO₂ solution, even from indirect sunlight.